



# BANDOLGY

**For immediate release**

## Bandology Releases New Poster on Benefits of Music

**Oakville, Ontario, April 11, 2023** – Bandology has released a new infographic poster showing the numerous benefits of music education. The infographics on the poster are results of months of research done by multiple members of the Bandology team.

As a sneak peek, Bandology took the infographic poster to the OMEA Elevate Conference for music teachers that took place in Collingwood in late 2022. The poster was a huge success and many music educators took a copy (or several) to hang up in their classroom and give to their principals.

“Music is more than just performing,” says Sandy Wright, Education Manager at Bandology. “Music education develops skills like communication, collaboration and discipline, which are vital to any subject and career. Students we work with often bring up how it helped them find a community, learn to express themselves and develop their confidence.”

After receiving feedback from teachers, Bandology staff also created a French version of the poster which has been recently released on the non-profit's website and social media.

Numerous studies reflect the correlation between music education and improved mental health, academic achievement and social skills. Through these infographics, Bandology seeks to educate people on the long-term benefits that can result from music education.



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“Bandology’s mission is to bring more music to more kids,” Lisa Michaels, Executive Director and co-founder of Bandology. “And the reason we do that is because we have seen firsthand the difference music can make in a person’s life. But it’s not just anecdotal evidence – there are studies that prove its benefits .”

Links to all research studies that Bandology utilized and studied are located on their website at [bandology.ca/research-infographics](http://bandology.ca/research-infographics). Studies have been sourced from institutions such as the University of British Columbia, the University of Harvard and the Chinese University of Hong Kong.

Bandology is a Canadian non-profit dedicated to more music for more kids via education, collaboration and community. Based in Oakville, Ontario, it provides young musicians with more opportunities to play, learn and be inspired. Learn more about Bandology’s programs and services at [bandology.ca](http://bandology.ca).

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Photos available upon request.